



# UNIFORM POLICY

## STUDENT UNIFORM AND DRESS CODE POLICY

# RATIONALE

The Anula Primary-School Uniform Policy has been established to clarify expectations of students, their families and the school. The intention is to promote a sense of community, equity and self-respect and to meet departmental requirements for the compulsory wearing of school uniform by students across the Northern Territory.

Wearing a school uniform affirms the individual students' acceptance of the values of Anula Primary School. This is an integral part of participation in the life of the school, symbolising the equal basis from which students can develop and project a positive image. By minimizing the impact of the different socioeconomic backgrounds from which students come, students are given the opportunity to be valued for what they do and say, not their appearance.

The Uniform has been designed for comfort and durability in our tropical conditions and it is priced to meet the needs of the community.

# **UNIFORM REQUIREMENTS**

All compulsory uniform requirements are available for purchase through the front office (with the exception of long pants and shoes) and parents are able to use the \$150 Back to School Voucher to purchase them, **in Term 1 only**.

### **Compulsory Uniform Components**

Students will be expected to wear a shirt and shorts/skorts/skirt/long pants OR a dress, hat and footwear as follows:

Shirts: [unisex] Green patterned polo shirt with collar and sleeves - polyester

Shorts: [unisex] Green with zip pocket - polyester

Skorts: [girls] Green - polyester

**Skirts:** [girls] Plain green pleated sports skirt (available from retail stores not available from the front office)

Dresses: [girls] School Tartan, available from the front office.

Long Pants: (unisex] Plain Green, without pictures, patterns or edgings. No denim.

**Hats:** The school's sports or wide-brimmed hats are available from the front office although any hat with a full wide brim is acceptable (does not include caps, visors or beanies). In keeping with the Anula School Sun Safe Policy students are unable to play outside the covered areas unless they are wearing a suitable hat.

**Shoes:** Sandals (with a back strap), runners or leather 'school shoes' with no high heels. Thongs or backless shoes are not acceptable for school wear and runners/sports shoes should be worn for all physical education/sports sessions.

# SCHOOL UNIFORM MANAGEMENT/ ENFORCEMENT

The school uniform must be worn fully and correctly at all times. A child not in full uniform will be reminded by staff. If more than 3 reminders a term are given to a child, the parents will be contacted by a senior staff member to discuss the matter and negotiate appropriate consequences.

It is expected that parents will fully support the Uniform Policy and have children dress as ambassadors of our school. Parents unsure of the expected standard should contact the principal for any clarification.

# **EXCEPTIONAL CIRCUMSTANCES**

The school understands that there may be exceptional circumstances where students are unable to comply with the School Uniform Policy including students who have recently arrived at the school. In all of these situations parents are requested to contact the school to discuss their needs with senior staff in order to negotiate a mutually acceptable outcome.

The school does hold a limited supply of uniforms to lend students in emergency situations. The school requests that when these are supplied to students that families launder them and return them to the school promptly.

# SECOND HAND UNIFORMS

Second hand uniforms that are handed back to the school are available for students in exceptional circumstances (see above) and are used in emergency situations. When parents request second hand uniforms they will be issued and parents will be asked for a donation.



### Child Oral Health Information

Oral Health Services NT provides <u>free dental check-ups</u> to children and Adolescents (from birth to 18 years).

#### Making an appointment

All appointments are made through the Centralised Booking Numbers listed below. Reception staff are responsible for making appointments in both community dental clinics and school based dental clinics

At the time of making the appointment, Reception staff will request specific information such as Medicare number and your child's suffix number.

#### To make an appointment - Contact

#### • <u>8922 6466</u>

Only emergency dental care is available for international students or students whose parents hold a 457 Visa.

#### Attending appointments

No children are taken from classrooms for any dental treatment. All children attending appointments are required to be accompanied by a parent or carer. Being present during the child's appointment is important to assist with building knowledge about oral health and what is required to maintain good oral health.

#### **Cancelling appointments**

Please let us know if you are unable to make a scheduled appointment. Giving us reasonable notice allows us to book another child into that appointment and to reschedule an appointment for your child.

#### **Missed appointments**

If appointments are missed, it is your responsibility to ring and arrange an alternative appointment. We will try to schedule a new appointment however due to demand this may mean your child has to wait longer for treatment. Due to high demand for service, repeatedly missing appointments without informing us in advance will result in a longer wait for future appointments.

#### For further information visit the Oral Health Services website:

www.health.nt.gov.au/oral\_health

### Anula School Policy Statement Well Being

#### Policy Area Sun Safe Practices

#### Rationale

Anula School is a values-based learning community that has well being and connectedness at the core of its operations. Being sun sage is one aspect of the long term well being of students. Australia has the highest incidence of skin cancer in the world with 140, 000 new cases and 1,000 deaths each year.

There are four factors, often occurring simultaneously, which contribute to these statistics:

- The population is predominantly fair skinned.
- Ultraviolet light from the sun is of sufficient intensity to induce skin cancer in this susceptible population.
- Social values have supported the belief that a suntan is healthy and attractive.
- Lifestyle, work, school and recreational habits in the Northern Territory expose people to the sun for long periods of time. Darwin has the highest UV rays in the country.

Skin damage, including skin cancer, is the result of cumulative exposure to the sun. Much of the damage occurs during childhood and adolescence. Research suggests that severe sunburn is a contributor to skin cancer and other forms of skin damage such as wrinkles, sunspots, blemishes and premature aging. Most skin damage and skin cancer is, therefore, preventable. This is important in young children who have sensitive and easily damaged skin.

The purpose of this policy is to ensure that ALL children attending Anula School are protected whenever possible from skin damage caused by the harmful ultraviolet rays of the sun.

#### Aim of the Policy

The aims of this policy are to promote amongst the students, staff and parents/carers:

- Positive attitudes towards skin protection
- Lifestyle practices which can help reduce the incidence of skin cancer and the number of related deaths, e.g. hats, sunscreen, suitable clothing
- Personal responsibility of their own skin protection
- Helping others to understand the need for skin protection
- Awareness of the need for possible environmental changes within the community to reduce the level of exposure to the skin e.g. plant trees, put protective shade up.

#### Implementation

As part of the general skin-protection program: **Students:** 

- Should wear suitable hats which protect the face, neck and ears such as a broadbrimmed hats, bucket hats, or legionnaire hats whenever they are outside e.g. walking to and from school, sports, outdoor excursions and activities;
- Should apply sunscreen that is SPF 30 (or higher), broad-spectrum and water-resistant 20 minutes before heading outdoors and re-apply every 2 hours.
- Who do not have their hats with them will be asked to play in an undercover area of the school;
- Who do not have their hats for sports activities/PR will remain in the shade
- Will be encouraged to use available areas of shade for outdoor play activities especially on very hot days;
- Should be encouraged to make full use of the 'bubblers' especially on very hot days.

### Anula School Policy Statement Well Being

#### Staff

Will be asked to act as role models and are encouraged to:

- Wear protective hats and appropriate clothing during outdoor activities;
- Use sunscreen whenever appropriate;
- Seek out shade whenever possible;
- Time outdoor activities to avoid hours of peak radiation levels between 10am 3pm all year round. Note: UV levels in NT are above 3 (high to extreme) all year round hence sun protection is needed daily.
- Ensure that adequate shade is available for use at outdoor events.

#### Anula School Community Council will:

- Ensure that the school hats sold by the school are appropriate and satisfy Cancer Council guidelines;
- Ensure that adequate shade is available for use at sporting carnivals and outdoor events;
- Provide shelters and shade trees as required;
- Provide funding to resource programs on skin cancer prevention for use in the school curriculum;
- Reinforce the Sun Safety program in a positive way through the newsletter and council meetings and activities

When enrolling a child, **parents** will be:

- Informed of the Sun Safety policy;
- Requested to purchase a school hat or to provide an appropriate hat for their child's use;
- Encouraged to provide sunscreen for and to teach their child how to use sunscreen that is SPF 30 (or higher), broad spectrum and water resistant type.
- Encouraged to set an example by practicing skin-protection behaviour themselves.

#### Resourcing

- Sunscreen supply to each learning area of the school and front office
- Education Officer Cancer Council to address staff and students

#### **Monitoring and Evaluation**

- Monitor skin protective behaviours in the school e.g. hat use, use of shade, use of sunscreen;
- Monitor the effectiveness of the classroom program activities involving skin protection;
- Monitor outdoor activities times e.g. sports, swimming, gardening, excursions;
- Review policy against Sunsmart's "Challenges" document after one year (<u>http://www.sunsmart.com.au/downloads/schools/primary/being\_sunsmart\_challenges</u>)

#### References

Jingili School Sunsafe Policy Cancer Council For further information: <u>http://www.bom.gov.au/products/UV/Darwin\_NT.shtml</u> http://www.sunsmart.com.au

# Welcome to Child Australia Anula OSHC OSHC and Vacation Care!

### Our Philosophy

Child Australia Anula OSHC is committed to providing quality care and educational practice to the children and families of our Anula Community.

We value children as individuals and encourage their diverse strengths and healthy respect for difference and equality, in turn promoting anti-bias and inclusion for all.

We believe in providing a stimulating and challenging environment that excites and motivates children's sense of wonder and curiosity.



FOR PROS

### Hello and Welcome!

My name is Michelle McDonnell and I am the Supervisor of Anula OSHC.

Traveling across Sydney and Brisbane, managing OSHC and ELC's as well as teaching Dance & Gymnastics in Primary Schools for the past 19 years, has equipped me with a wealth of knowledge and passion for encouraging children to learn and grow into their own bodies.

At Anula OSHC, we believe that every child should be provided with a warm, caring and nurturing environment where they can feel comfortable.

We aim to remain an integrated and engaged part of our local community through collaborative partnerships with families, Anula Primary School and Preschool and Community groups.



Our program is intentional with a priority for play and leisure, and is centered around the voices and needs of the children. We provide a safe and engaging play environment for children to develop and explore friendships, develop social skills, leadership qualities, confidence and resilience.



Pick-up for Pre school & Transition students 🔆 Sun Screen

Tea

NO ADDED charge for incursions and excursions

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Check out our Menu!	MON	TUES	WED	THURS	FRI	
<b>GREEN</b> Larger Portion	Rock melon, Red apples, Banana, Blueberries	Red & Green Apples, Watermelon, Pineapple	Rock melon, Green Apple, Banana, Cucumber	Red & Green Apples, Saltanas, Mandarins	Rock melon, Pineapple, Blueberries	
AMBER Smaller portion	Pasta	Baked Beans and Bread	Pancakes	Sandwiches	Dip, Cheese and Crackers	

### Vacation Care

\*GREEN - Main portion of the menu, plenty offered \*AMBER - Portion sizes selected carefully

Our Vacation care program operates throughout the school holidays and offers exciting incursions and excursions.

The basis of our Vacation Care service is for the children to enjoy their holiday. We offer children opportunities to play and learn at their own pace, engage in experiences of interest, enjoy a new adventure and be challenged.

For more information please see the program published on our Facebook page 1 month prior to each vacation care period.



Outside School Hours Care 2:30PM - 6:00PM After School Care

Anula Primary School, 73 Yanyula Dr, Anula NT 0812

P: (08) 8997 7515 or 0439 790 131 E: anulaoshc@childaustralia.org.au Vacation Care 7:00AM - 6:00PM



Facebook: Child Australia Anula OSHC

Website: childaustralia.org.au